

WCFC NEWS

PARTICIPATION, DEVELOPMENT, FRIENDSHIP



APRIL 2018



KICKED OFF

Well, the season is now well and truly underway for our Senior and Junior teams and its great to see Warrandyte full of teams playing.

We have grown over the of the season with more teams and players across most of the age groups. Although there are still few gaps (see News). But what we are really in need of are a couple more people to volunteer for the committee. If you have about 1 hour per week to spare, able to assist on game day (not every week) and attend a monthly committee meeting please contact me.

As the season has now started I would like to take the time to remind everyone that Whitford City FC is a grassroots club that is about developing all players. We believe in fair playing time for all and create an inclusive atmosphere.

All the best for the rest of the season and I will endeavour to get around and see as many teams play as I can.

MICK LEE
President

CONTACT US

info@whitfordcityfc.com.au

0477 018 165

COMMITTEE

MICK LEE

President / Sponsorship

WILCO VLEMMIX

Vice President / Fixtures

ANDREW WARD

Treasurer

CHERYL BROWN

Secretary

LISA JACKSON

Registrations

MARIA UDALL

Registrations

VACANT

Facilities Coordinator

DAVE JACKSON

Coaching Coordinator

JUSTIN MORRISON

Equipment

MARY WARD

Uniforms and
Merchandise

SUSAN HOWEY

IT and Social Media

News

Volunteers Needed

Whitford City Football Club's heart and soul are the members, families and supporters. But in order to get the season on the way, the game day set up and the behind the scenes action we rely on a strong committee.

At present, there are still a couple of vacancies which we really need to fill. These are

Facilities Coordinator - Liaising with the Fixtures Coordinator and City of Joondalup to ensure we have correct bookings for games and events.

Sponsorship Coordinator - We have some exciting news coming up regarding new sponsors for the club. Having a Sponsorship Coordinator allows a single point of contact for our sponsors and the club.

Fundraising Coordinator - In order to keep our fees low we run a few fundraising events through the year. The Fundraising Coordinator is someone who can take charge of these and look at other fundraising ideas.

These roles are not full time and there is no need to attend all Committee Meetings. You would be asked to help out as part of the Game Day duty roster and about 1 hour a week above that.

If you have any questions please do not hesitate to contact Mick Lee at president@whitfordcityfc.com.au

New Sponsors

Whitford City Football Club are proud to announce Realmark Whitfords and The Craigie Tavern as sponsors for the 2018 season.

Jonathan Alford is already heavily involved in the club as a coach for the Under 12's and now as a sponsor. The Realmark Whitfords real estate agency is located in the heart of Hillarys. Realmarks mission is to help customers realise their property aspirations, whether that's buying, selling or leasing their home.

The Craigie Tavern has come onboard to support our Senior Teams and the club in general. Now our senior teams have a venue for post game and the club has a social hub we can start to utilise for events and functions.

Thanks to these local businesses for supporting the club. Let's support those who support us.



NEWS

Players Wanted

Players of any ability (born in 2002) wanted for our 2nd U16 team.

Training is on Wednesdays from 5.30pm - 7.00pm and Saturdays from 9.30am - 11.00am at Warrandyte Park in Craigie.

Bring a friend and play on the same team!

Come and try a training session before joining!

For more information please contact Lisa or Maria at: registration@whitfordcityfc.com.au

Save The Date

At the last AGM we advised the members of our updated constitution in line with State Legislation changes. Part of that process requires us to have our first AGM within 6 months.

Whitford City Football Club AGM

7:00pm - 8:00pm 21 June 2018

Warrandyte Park Clubrooms

More information will follow shortly.

Images

We would love to see more images of your teams in action. If you have any images and happy for them to be used on social media and marketing please forward them to president@whitfordcityfc.com.au



COACHES CORNER

Tips to coaches for Mini Roos (under 8 - 12) Football Teams

- IN 7 v football, the coach should still not be concerned with 'tactics'. The focus in training is on the individual player, so in the weekend game, the players should have the opportunity to apply their skills in a game setting. The coach organises the players into two lines of three with a goalkeeper behind. The players just need simple tasks so they do not become confused or overwhelmed with information.
- In 9 v 9, the coach organises the players into three lines with a goalkeeper behind, preferably in a 1-3-2-3 formation as a guide for team shape.
- The coach is still not too concerned with tactics or obsessed with results.
- The players still need simple tasks on match day.
- The players should be regularly rotated, either at halftime or from game to game.
- Avoid playing the best players in central positions and 'hiding' the weaker players out wide.
- Aim for equal playing time.

Game Training Course - fully refunded by WCFC at completion

This course is aimed at coaches training players aged 13 - 17.

In the Game Training Phase, the coach's aim is to develop tactical awareness, perception and decision making through a game related approach to training. The course is conducted over 14 hours, is fully practical and provides the coach with training sessions designed to help players apply the functional game skills in a team setting.

Date: April 28 and May 5 2018

Time: 09:00am - 16:00pm

Venue: Aintree Reserve, Hammersley Recreation Centre

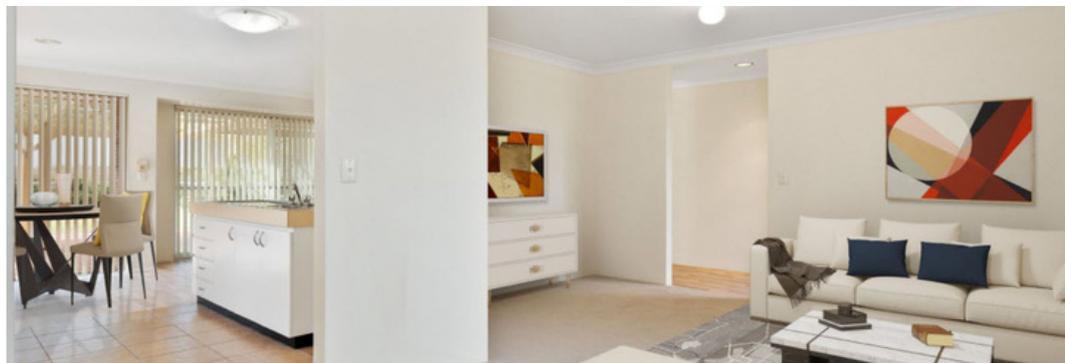
Register: <http://education-ffa.sportingpulse.com/Entry/?EID=18252>

Here, There, Nowhere

Duration: 5 minutes (warm up)

Equipment: Cones, 1 football per player

WHAT TO DO	<p>Setting Up</p> <ul style="list-style-type: none">• Establish a large playing area to encourage running (dribbling) with the ball. <p>Playing</p> <ul style="list-style-type: none">• Start without the ball at first, then introduce a ball for every player after a few turns;• You explain the actions then make random calls that the players follow:<ul style="list-style-type: none">- 'Here!' – all players run with the ball toward you;- 'There!' – all players run with their ball away from you in the direction they are pointing;- 'Nowhere!' – all players stand on the spot and alternately tap the ball with the balls of their feet (toe taps).
WHAT TO LOOK FOR	<ul style="list-style-type: none">• Are players able to maintain control of the ball whilst dribbling?
SUGGESTED CHANGES	<ul style="list-style-type: none">• Players must touch the ball every 1 or 2 steps;• Use both feet when dribbling.



21 MONTREAL STREET, CRAIGIE WA 6025

4 Bedrooms, 2 Showers and 1 Car

The best part about this delightful 4 bedroom 2 bathroom home on an elevated 684sqm (approx.) block is that there is plenty of scope to add your own personal touches throughout. Take advantage of an ultra-convenient location too, within footsteps of Craigie Leisure Centre, the sprawling Craigie Open Space and public transport at Whitfords Station by the freeway!

Contact Jonathan Alsford on (08) 9307 0999

Proud Sponsors of Whitford City Football Club

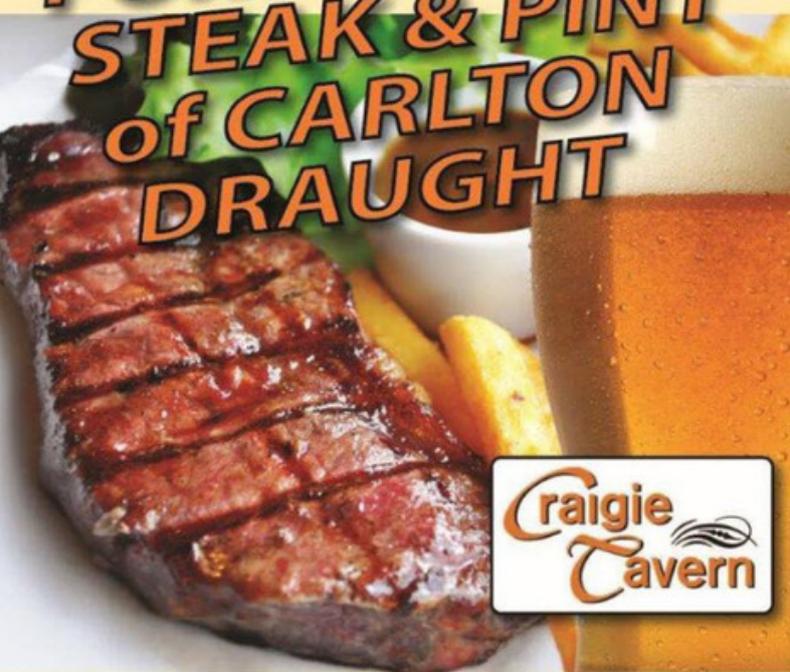


Realmark[™]

Whitfords

\$20 TUESDAY & THURSDAY

PORTERHOUSE STEAK & PINT of CARLTON DRAUGHT



CONDITIONS APPLY

18+ We Practice Responsible Service of Alcohol



\$7

CHICKEN SCHNITZEL



CHIPS & CHOICE of SAUCE

EVERY WEDNESDAY

5PM - 9PM

CONDITIONS APPLY

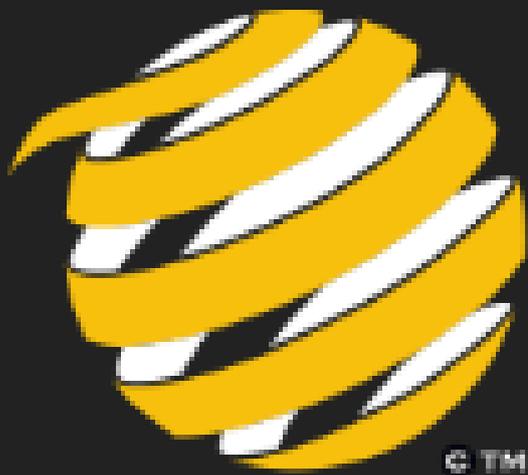
18+ We Practice Responsible Service of Alcohol

We are pleased to announce The Craigie Tavern has come on board as a sponsor of our Senior Teams. This gives Players and Supporters a post game venue to relax.

We will also use the Craigie Tavern for WCFC social events, more to be announced shortly.

Proud Sponsors of Whitford City Football Club





FOOTBALL
WEST



FOOTBALL
FEDERATION
AUSTRALIA

Behaviour

Please be aware that WCFC requires all players, spectators, match officials and volunteers to behave in accordance with Football West and FFA codes of conduct.

Let's all remember that this is not the Champions League, the referees are human and that this is supposed to be fun!



City of
Joondalup

WCFC would like to acknowledge the City of Joondalup for the subsidy given to WCFC for the use of the facility at Warrandyte Park.